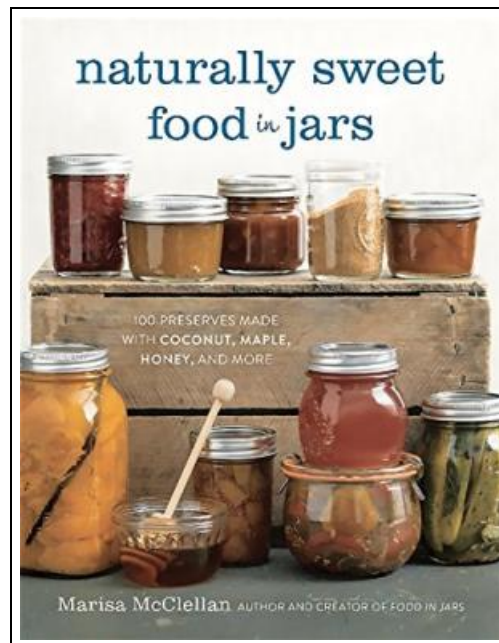


Canning with Natural Sweeteners: 100 Preserves Made with Coconut, Maple, Honey, and More



Filesize: 6.05 MB

Reviews

It is great and fantastic. I actually have read and so i am certain that i am going to going to go through once again yet again in the future. I realized this ebook from my dad and i encouraged this book to find out.

(Dr. Kayden Gerlach)

CANNING WITH NATURAL SWEETENERS: 100 PRESERVES MADE WITH COCONUT, MAPLE, HONEY, AND MORE



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Running Press. Hardcover. Condition: New. 224 pages. Naturally Sweet Food in Jars is preserving in the tenor of todays health-conscious audience. Bags and bags of refined sugars are for your grandmothers jams; the inventive spreads, dips, pickles, and whole fruits in Marisa McClellans third preserving book use only unrefined sweeteners like maple, coconut, dates, agave, honey, and dried fruits--and less of them. After years of addressing questions from her readers about reducing sugar, substituting sugar, and leaving it out altogether, she began to rejigger her recipes, helping home canners enjoy the flavors of the season without the refined gunk, to great success. The book is organized by sweeteners, and includes recipes like Sriracha-style Hot Sauce (using honey), Date Pancake Syrup (with maple), Cantaloupe Basil Jam and Marinated Multicolored Peppers (both sweetened with agave), and Fennel and Parsley Relish (sweetened with fruit juice). Her trademark flavor combinations, seasonal awareness, and manageable small batches are all here. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Hardcover.



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