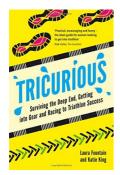
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TRICURIOUS: SURVIVING THE DEEP END, GETTING INTO GEAR AND RACING TO TRIATHLON SUCCESS



Summersdale Publishers. Paperback. Book Condition: new. BRAND NEW, Tricurious: Surviving the Deep End, Getting into Gear and Racing to Triathlon Success, Laura Fountain, Katie King, Laura was a self-certified couch potato who, until a few years ago, could only run for a couple of minutes at a time, and couldn't swim. She has now completed several marathons and is a committed triathlete. But Laura couldn't have achieved what she has without the advice and support of her friend Katie. A...

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- Authored by Laura Fountain, Katie King
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