



## Shopping for Time: How to Do it All and Not be Overwhelmed

By Carolyn Mahaney, Nicole Mahaney Whitacre, Kristin Chesemore

CROSSWAY BOOKS, United States, 2007. Paperback. Book Condition: New. 211 x 140 mm. Language: English . Brand New Book. Overwhelmed. Miserable. Exhausted. These are often the words that women use to describe their high-demand lifestyles. How are women who are always on the go expected to cope with the demands of work, family, and ministry? Carolyn Mahaney and her three daughters, Nicole Whitacre, Kristin Chesemore, and Janelle Bradshaw, recognize the needs of Christian women today. Shopping for Time offers the solution to women who truly desire to glorify God with every use of their time. These authors offer five tips to help ladies do it all without becoming overwhelmed: rise early, sit down, sit longer (occasionally), choose friends wisely, and take fifteen minutes. By weaving biblical principles of God's Word into these keys, these authors give women practical advice on how to fulfill-and excel in-their daily responsibilities.

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