



Spa Bodywork: A Guide for Massage Therapists

By Anne Williams

Lippincott Williams and Wilkins, United States, 2014. Paperback. Book Condition: New. 2nd Revised edition. 274 x 213 mm. Language: English . Brand New Book. Whether you are a practicing massage therapist or a massage therapy student, you ll find everything you need to know to incorporate multi-layered and multi-textured spa treatments into your massage practice with Spa Bodywork, Second Edition. Featuring new treatments, new photos, new technique video clips, and an expanded set of online tools, the Second Edition helps you develop the skills you need to gain a competitive advantage when seeking work in the spa industry or adding spa treatments to your private practice. All treatments-from salt and sugar glows to body polish to stone massage-are covered in step-by-step detail, illustrated with photographs that show how to position the client and how to apply products such as seaweed, essential oils, and mud, and enhanced by exciting online video clips that bring techniques to life. While wet-room equipment and techniques are covered, the book focuses on spa treatments that can be done in dry-room settings, such as massage clinics or day spas-without need to purchase expensive equipment. This proven resource will help you: Hone your skills in popular spa...



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