



## Furiously Happy

By Jenny Lawson

Pan MacMillan, United Kingdom, 2016. Paperback. Book Condition: New. Main Market Ed.. 197 x 130 mm. Language: English . Brand New Book. For fans of David Sedaris, Tina Fey and Caitlin Moran comes the new book from Jenny Lawson, author of the #1 New York Times bestseller Let s Pretend This Never Happened. In Let s Pretend This Never Happened, Jenny Lawson regaled readers with uproarious stories of her bizarre childhood. In her new book, Furiously Happy, she explores her lifelong battle with mental illness. A hysterical, ridiculous book about crippling depression and anxiety? That sounds like a terrible idea. And terrible ideas are what Jenny does best. As Jenny says: You can t experience pain without also experiencing the baffling and ridiculous moments of being fiercely, unapologetically, intensely and (above all) furiously happy. It s a philosophy that has - quite literally - saved her life. Jenny s first book, Let s Pretend This Never Happened, was ostensibly about family, but deep down it was about celebrating your own weirdness. Furiously Happy is a book about mental illness, but under the surface it s about embracing joy in fantastic and outrageous ways. And who doesn t need a bit more...



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