



Step into Nature: Nurturing Imagination and Spirit in Everyday Life

By Patrice Vecchione

Beyond Words Publishing. Paperback. Book Condition: new. BRAND NEW, Step into Nature: Nurturing Imagination and Spirit in Everyday Life, Patrice Vecchione, The natural world has inspired artists, seekers, and thinkers for millennia, but in recent times, as the pace of life has sped up, its demands have moved us indoors. Yet nature's capacity to lead us to important truths, to invigorate and restore our imagination and equilibrium, is infinite. Step into Nature makes nature personal again by stimulating awareness and increasing our understanding of the environment. But being in nature doesn't mean flying off to remote, faraway places. Nature is as close as opening your front door-and opening your heart to the sky above, the miniature gardens that push their way up between the sidewalk cracks in our cities, and the small stream just down the road. Patrice Vecchione demonstrates how nature can support and enhance your creative output, invigorate your curiosity, and restore your sense of connection to and love of the earth. Included throughout the book is "The Cabinet of Curiosities," exercises and suggestions for practical and unexpected ways to stimulate your imagination, deepen your relationship with nature, and experience the harmony between creativity and the natural world.

DOWNLOAD



READ ONLINE
[1.57 MB]

Reviews

Extensive guide for ebook lovers. It generally does not cost excessive. Your way of life span will likely be convert the instant you complete looking at this ebook.

-- Rocky Dach

Certainly, this is the very best work by any author. It is amongst the most remarkable publication i have got study. I am just happy to inform you that this is actually the greatest pdf i have got study inside my individual daily life and can be he very best publication for at any time.

-- Gilbert Rippin