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Health and Wellness for Life With Online Study Guide (Health on Demand)

By Human Kinetics

Human Kinetics, 2009. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Health on Demand and Health and Wellness for Life provide professors teaching general-ed health courses the option to customize their student textbooks to match their syllabi. With a custom Health on Demand text, your students pay for only the material you'll actually cover in class, plus you can match the text's content to the unique needs of your setting. The standard text, Health and Wellness for Life, offers a ready-made option for those looking for a textbook that covers all the essential personal health topics for the general student population. Both options feature content developed by 15 veteran health educators and organized into a cohesive course text by Human Kinetics, a publisher with more than 30 years of experience in providing top-quality information resources to the fields of health and physical education and to the various kinesiology subdisciplines. The standard text includes 16 chapters of the topics most often covered in a general-education health course. Or you can choose from a total of 23 chapters to ensure your text includes the material that is most important for your students. For those electing...



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