



## The Power of Your Presence: A Daily Workout for Your Soul (Paperback)

By Alan Seale

Center for Transformational Presence, 2009. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Many people feel called to make a difference in their world yet don't feel they know how to do that. We can easily get caught in thinking it's all about what we do that makes a difference. However, it is actually who we are and how we show up to life--our personal presence--that makes a lasting impression and impact. Leadership and transformation coach Alan Seale has helped thousands of people step into their inner power and strength and make significant contributions to their world. In this little book, he offers a daily workout for the soul --a short and simple reflective practice that, in as little as 15 minutes a day, can help the reader tap into the deep well of wisdom, compassion, clarity, and understanding within. Day by day the power of their presence will emerge and they will find their own authentic expression of who they are and the gifts they are here to bring to our rapidly changing world. A great little gift book, The Power of Your Presence is the perfect companion for anyone wanting...

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