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FEAR AND ANXIETY SOLUTION: A BREAKTHROUGH PROCESS FOR HEALING AND EMPOWERMENT WITH YOUR SUBCONSCIOUS MIND (HARDBACK)



SOUNDS TRUE INC, United States, 2012. Hardback. Condition: New. Language: English . Brand New Book. You re late to a meeting and caught in traffic. Your toddler is screaming and your in-laws just showed up. You re about to give an important presentation but you ve misplaced your notes-- and you re beginning to panic. We all find ourselves in situations that stir up anxiety. And for many of us, our fear and worry have reached debilitating levels. How can we...

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- Authored by Friedemann Schaub
- Released at 2012



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