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Easy Surfing: Everything You Need To Boost Your Performance In The Surf

By Robert Smith

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 132 pages. Dimensions: 11.0in. x 8.5in. x 0.3in. Bonus Book: 100 Fitness Tips How would you like to get out of your comfort zone Looking for a sport that gives you a real challenge And we dont mean improving your golf swing. Were talking about some serious activity. If you answered Yes! then read on. 3 Reasons Why Surfing Might Be For YOU 1. Shooting hoops just doesnt give you that rush any longer. 2. Rock climbing has gotten boring. 3. Youd like to have a year round tan that doesnt require lying in a box! We are serious. The world has shrunk putting prime surfing locations at your beck and call. Can you imagine how great it would be spending time on warm, sunny beaches while theres a blizzard dropping four or five feet of snow on the ground at home Not only will you have fun doing it, its a sure bet it will keep you fit and healthy. Right now YOU have an incredible opportunity to learn how to tap into this amazing sport before taking any lifestyle changes. Learn everything you need to know...



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