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Talulla Bear Goes Exploring: A Mindful Tale of Discovery (Hardback)

By Heather Roan Robbins

Ryland, Peters Small Ltd, United Kingdom, 2017. Hardback. Condition: New. Sarah Perkins (illustrator). Language: English . Brand New Book. A beautiful storybook, for ages 3-7, that helps children - and parents - to become more mindful, attentive and relaxed. Little Talulla Bear is used to the safety of her own surroundings. When her mother invites her to go on an adventure, exploring new environments, she is worried - the big wide world seems very scary. Her mother reassures her, I m here with you. Together we will find beautiful things and learn how to walk in new places. Talulla s mother gently guides her to explore the world with fresh eyes, encouraging her to use her senses to fully embrace a wonderful array of sights, smells and sounds. She learns to be curious but wise, especially when she comes face to face with a happy busy bee! On this journey of exploration, as she takes in her surroundings, she tastes succulent berries, plays in the sea, rolls in the mud, climbs a tree, and even overcomes her shyness to befriend a bear called Ronin. Talulla ends her exploration tired, happy and ready to do it all again tomorrow. This is...

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