



The Chemo Zone - Your Guide to Living and Flourishing During Chemotherapy

By Tracy Rubietta

Beavers Pond Press. Paperback. Book Condition: New. Paperback. 288 pages. Dimensions: 8.9in. x 6.7in. x 1.2in. Hearing the words cancer and chemotherapy can make you feel as though your world is spinning out of control. Reviewed by a medical advisory board, The Chemo Zone will help you regain your focus. It is an everyday, practical guide to living, flourishing, and staying organized during chemotherapy. The Chemo Zone is an easy-to-use resource that allows you to gain control by providing the tools to track your appointments, medications, treatments, test results, and side effects—all in one convenient place. You'll also find simple yet helpful advice about daily living during chemo, such as how to manage side effects, diet, exercise, intimacy, pet care, and much more. Part survival guide and part workbook, The Chemo Zone offers support and reassurance to empower you through this stressful, challenging journey. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

DOWNLOAD



READ ONLINE
[1.57 MB]

Reviews

Extensive guide for ebook lovers. It generally does not cost excessive. Your way of life span will likely be convert the instant you complete looking at this ebook.

-- Rocky Dach

Certainly, this is the very best work by any author. It is amongst the most remarkable publication i have got study. I am just happy to inform you that this is actually the greatest pdf i have got study inside my individual daily life and can be he very best publication for at any time.

-- Gilbert Rippin