



Hakka food-DVD

By CENG YUAN BO

paperback. Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Pages Number: 91 Publisher: Chengdu Times Press Pub. Date :2011-7-1. Hakka food processing pay attention to boil. boil. stew. pay attention to large crude knife. does not destroy the food and nutrition and fiber; pay attention to authentic cooking. do not make too thick sauce. light and delicious. help digestion; dietary stress with. stress effects. the use of herbs regulating yin and yang. clear down fill diarrhea. and according to seasonal changes in relative food varieties. The taste does not seek light and strong demand. Su Xiang. sell fine but does not seek truth in fullness. The dishes Ingredients prominent emphasis on fragrant oil in heavy. salty taste. Wave has been compiled by the far the Hakka cuisine (with CD) meta-172 pure Hakka cuisine. Contents: Chapter wonderful Chinese cuisine. Hakka Yang the world is a delicious. Talk on Hakka cuisine Second. there are ignorant of AIDS. the unique flavor of Hakka dishes Chapter mellow strong. Subway meets a Hakka cuisine. Hakka classic dishes poached Salt baked chicken Hakka Hakka stuffed tofu Mei Cai Kou Rou bitter brine platter stuffed pork...

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