



## Diabetes Coloring Journal - Manage Your Blood Sugar While You Color

By Anne Manera

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Scroll down to the reviews to see a video of inside this journal ! SPECIAL LOW INTRODUCTORY PRICE ! Every diabetic has the dreaded tracking journal they must maintain. Why make it a drab experience when it can actually be fun ! This one of a kind Diabetes Coloring Journal will help you track your blood sugar levels, keep a daily food diary and record daily medications all while enjoying a most loved hobby - COLORING ! Illustrated by coloring book artist Anne Manera, this journal will encourage young and old to pay closer attention to their diabetes. It is filled with everything you will possibly need for 90 days of journaling, with the added joy of coloring . Filled with the tools you need to : - Start your journal at your own date! - Track medications - Record blood glucose levels - Track blood pressure - Track your meals with the easy to use Daily Food Journal - Convenient handy 6 x 9 size, small enough to carry with you, yet provides ample...

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