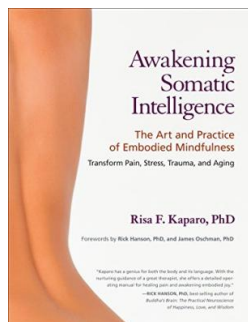


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AWAKENING SOMATIC INTELLIGENCE: THE ART AND PRACTICE OF EMBODIED MINDFULNESS



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