



## Out Came the Sun: Overcoming the Legacy of Mental Illness, Addiction, and Suicide in My Family

By -

Blackstone Audiobooks, 2015. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. A moving, compelling memoir about growing up and escaping the tragic legacy of mental illness, suicide, addiction, and depression in one of America s most famous families: the HemingwaysShe opens her eyes. The room is dark. She hears yelling, smashed plates, and wishes it was all a terrible dream. But it isn t. This is what it was like growing up as a Hemingway. In this deeply moving, searingly honest new memoir, actress and mental health icon Mariel Hemingway shares in candid detail the story of her troubled childhood in a famous family haunted by depression, alcoholism, illness, and suicide. Born just a few months after her grandfather Ernest Hemingway shot himself, it was Mariel s mission as a girl to escape the desperate cycle of severe mental health issues that had plagued generations of her family. Surrounded by a family tortured by alcoholism (Mariel s parents), depression (her sister Margaux), suicide (her grandfather and four other members of her family), schizophrenia (her sister Muffet), and cancer (her mother), it was all the young Mariel could do to keep her head. In a compassionate voice, she reveals her...



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