



L'arte della bellezza. I segreti della teletta della donna con consigli agli uomini sull'arte del fascino

By Montez, Lola

La Vita Felice, 2011. Condition: new. A cura di M. Noia. Milano, 2011; br., pp. 144, cm 12,5x17. (Il libro ritrovato). "Essere in perfetta forma darà a una donna ben poco vantaggio, laddove ella non posseda anche quel colorito splendente che è il tocco finale e il segno distintivo di una bella donna. [...] Ve lo dirò chiaramente, signore - e lo stesso vale anche per gli uomini -, il segreto per ottenere una pelle magnifica e splendente sta in tre semplici regole: temperanza, esercizio e pulizia." Scritto nel 1858 da una delle donne più belle dell'epoca, "L'arte della bellezza" è un manuale di trucchi e accorgimenti, dalla cosmetica a un'alimentazione bilanciata, per raggiungere la bellezza canonica secondo il modello europeo, un testo quanto mai attuale che contiene, tra l'altro, buoni consigli per rimanere in salute e accrescere il proprio ascendente sull'altro sesso.



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