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## Ngon Qua! a Collection of Simple Vietnamese Recipes (Paperback)

By Cooking Penguin

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Large Print. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.For the Vietnamese, the five elements also rule their palate, as reflected in the traditional taste of their cuisine: spicy is metal; sour is wood, bitter is fire, salty is water and sweet is earth. Vietnamese dishes often one of these distinctive tastes in their dishes. Vietnamese cuisine is also quite fond of using the freshest ingredients possible. They have a great preference for herbs and vegetables and traditional seasonings such as fish sauce, shrimp past, chilies, lime and basil leaves. The French influence is also clearly seen in many of Vietnam s dishes, owing to the fact that they had been under French rule for several years. Together, the Vietnamese cuisine creates a medley of flavors, carefully balanced to reflect the philosophical belief of the five senses. Ngon Qua! A Collection of Simple Vietnamese Recipes will show you how to create authentic Vietnamese dishes that will truly delight your senses.

### Reviews

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*-- Mariano Spinka*