


[DOWNLOAD](#)


If You Turned into a Monster: Transformation Through Play - A Body-centred Approach to Play Therapy

By Dennis McCarthy

Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, If You Turned into a Monster: Transformation Through Play - A Body-centred Approach to Play Therapy, Dennis McCarthy, "Draw me a picture of what you would look like if you turned into a monster." Dennis McCarthy's work with distressed or traumatized children begins with an exercise that is simple but very effective: he invites the child to communicate with him in their own way, through the non-verbal language of play. Using case studies from his clinical experience and with numerous children's monster drawings, McCarthy lets the meaningful self-expression of the child take centre stage. He demonstrates that being allowed to play, move and draw impulsively and creatively in the supportive presence of the therapist is in fact the beginning of the therapeutic process. These activities are shown to be more therapeutic for the child in practical terms than the interpretation of the clues it provides about the child's state of mind. This very accessible book will be inspiring reading for play therapists and other professionals working therapeutically with young children and their families.



[READ ONLINE](#)
[7.47 MB]

Reviews

It in a of the best publication. It really is rally intriguing through reading through period of time. You will not feel monotony at anytime of your own time (that's what catalogs are for relating to in the event you request me).

-- Dr. Pat Hegmann

It in one of my favorite publication. It is among the most awesome publication i have go through. I am just quickly will get a delight of reading through a published publication.

-- Prof. Martin Zboncak DVM