



## Easy Food

By Jean Cazals

Quadrille Publishing Ltd. Paperback. Book Condition: new. BRAND NEW, Easy Food, Jean Cazals, Easy Food brings together 150 delicious recipes for simple, everyday cooking. With ideas on everything from fast food for busy weekends to simple yet satisfying family fare, this book shows how to bring real flavour to your everyday cooking with the minimum of effort. The book is divided into 7 chapters covering Soups and snacks, Pasta, Fish, Chicken, Meat, Vegetables and salads and Desserts and bakes. Within each chapter a wealth of tempting, original recipes will provide fresh answers to the constant question of 'what shall we eat tonight?' Ideas range from easy, satisfying fare with a modern twist, such as Macaroni bakes with balsamic sauce, Sesame roast chicken and Bubble and squeak chorizo cake to more unusual but still simple recipes such as Tomato spaghetti with coriander and avocado, Basque baked fish in parchment and Tagliatelle with smoked salmon and parsley pesto. Lavishly illustrated with over 90 colour photographs, the enticing content of Easy Food will really put an end to the midweek food blues. Perfect when you're pushed for time, Easy Food will put the pleasure back into your cooking.



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