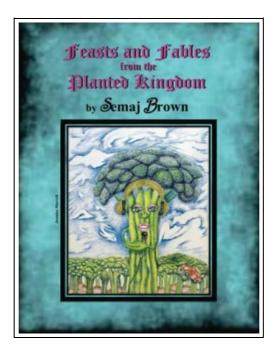
Feasts and Fables from the Planted Kingdom: A Story Cookbook



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Reviews

A very wonderful pdf with lucid and perfect answers. Of course, it is play, nevertheless an amazing and interesting literature. You can expect to like just how the article writer compose this book.

(Gunner Haag)

FEASTS AND FABLES FROM THE PLANTED KINGDOM: A STORY COOKBOOK



Health Collectors LLC. Paperback. Condition: New. 102 pages. Dimensions: 11.0in. x 8.5in. x 0.2in.What do you get when an author who is a committed vegetarian, an innovative cook, a storyteller and a poet sits down to write a book You get Feasts and Fables from the Planted Kingdom, a delightful cookbook which offers practical, healthy, vegetarian recipes, accompanied by whimsical stories told by the vegetables themselves! The prim Mrs. Brown, a reporter embedded on the Green front, takes us on fanciful forays into the world of vegetable intrigue, and then offers recipes to bring each story to a delectable end. While the stories make us smile, the recipes represent serious nourishment for body and soul. Given its rare, one-of-a-kind approach to cooking and nutrition, Feasts and Fables from the Planted Kingdom is certain to become one of your treasures. Fables are also available in an awe inspiring lyrical spoken word audio format as Feasts and Fables from the Planted Kingdom CD. Gloria House, Ph. D. Detroit And, so many ask how did this innovative idea sprout into a story cookbook Where did it root from Well, the seeds germinated off from the Whats for Dinner Mrs. Brown popular radio segment on the Dr. James Brown Freedom From Fat Radio Broadcast (Cumulus WCK). Semaj Brown recounts, I was running late, there had been a family emergency that prevented me from doing the weekly nutritional and historical research associated with the feature vegetable introduced in Mrs. Browns Delicious Nutritious Dishes. Up until this time, my segment had been fairly conventional, deliberately retrograde with Dr. Brown singing, a 1950s style introduction: Whats for Dinner Mrs. Brown and me demurely responding, Good tasting, delicious. Time was running out and I went on-air in a flurry. I conveyed my on-air fluster in a new character...



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