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Alain Ehrenberg
La Fatigue d'être soi
Dépression et société



ODILE JACOB, 2000. Paperback. Condition: NEUF. Fatigue, inhibition, insomnie, anxiété, indécision : la plupart des difficultés rencontrées dans la vie quotidienne sont aujourd'hui assimilées à de la dépression. Croisant l'histoire de la psychiatrie et celles des modes de vie, Alain Ehrenberg suggère que cette "maladie" est inhérente à une société où la norme n'est plus fondée sur la culpabilité et la discipline, mais sur la responsabilité et l'initiative ; elle est la contrepartie de l'énergie que chacun doit mobiliser...

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- Authored by Ehrenberg, Alain
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