



Rowing: Complete Manual with Illustrations and Valuable Advice (Classic Reprint) (Paperback)

By E J Giannini

Forgotten Books, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from Rowing: Complete Manual With Illustrations and Valuable Advice The standard of rowing is maintained by the universities and colleges of Yale, Harvard, Pennsylvania and Cornell hythe preparatory schools - St. Paul s in particular - and by the principal rowing and athletic clubs - New York A. C., Atlanta, Nassau, Dauntless and many others too numerous to mention. Of course, club matches - in which the generic term may be included college and other races at the universities - tend to uphold it. That it should ?uctuate from time to time is a necessity, and that in occasional years it is of an exceptionally good class is only natural, as likewise that in others, it falls to a comparatively low pitch. Speed has increased - of that there is no doubt. The science of coaching is more fully known and more readily comprehended than in days gone by, and, when divested of the, humbug and bewildering technicalities with which it had been needlessly surrounded, is found a far simpler task than it was believed to be. The art of training...

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It is easy in study safer to comprehend. It can be writter in basic phrases and never confusing. It is extremely difficult to leave it before concluding, once you begin to read the book.

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