



## The Joy of Swimming: A Celebration of Our Love for Getting in the Water (Paperback)

By Lisa Congdon

CHRONICLE BOOKS, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. From Lisa Congdon, bestselling author of *Whatever You Are, Be a Good One*, this lovely new book invites readers to dip into the many joys of swimming. Congdon brings her personal passion as a lifelong swimmer to this beautiful and thoughtful celebration of getting in the water. Hand-lettered inspirational quotes, watercolour portraits paired with real people's personal stories, illustrated collections of vintage objects-colorful swim caps, bathing suits through the ages, traditional pool signs-and much more evoke the beauty and inspiration of the subject. An emphasis on swimming as a way of life-taking the leap, going with the flow-makes this delightful volume one that will speak to serious swimmers, paddlers, and anyone pondering their next high dive.

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