



## Mama Knows Breast: A Beginner's Guide to Breastfeeding (Paperback)

By Andrea Silverman

Quirk Books, United States, 2008. Paperback. Condition: New. Language: English . Brand New Book. Breastfeeding may be natural, but it certainly isn't easy. Healthy for the baby? Definitely. A challenge for mom? Without a doubt. Sometimes mom and baby end up crying in harmony! Help is on the way with Mama Knows Breast, a practical guide full of breastfeeding advice delivered with a light touch and without the strident, judgmental tone or scary, clinical language that litters other books on breastfeeding. Written by mom Andrea Silverman and packed with anecdotes and advice from women who've lived through the ups and downs of life with an infant, this practical, realistic guide gives women the lowdown.



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