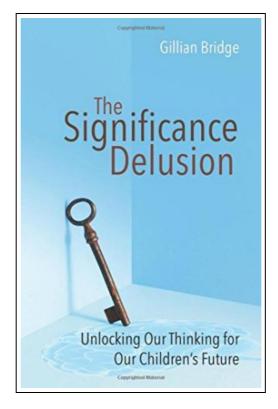
The Significance Delusion: Unlocking our Thinking for our Children's Future (Paperback)



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Reviews

This composed book is excellent. This really is for all who statte that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

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THE SIGNIFICANCE DELUSION: UNLOCKING OUR THINKING FOR OUR CHILDREN S FUTURE (PAPERBACK)



Crown House Publishing, United Kingdom, 2016. Paperback. Condition: New. Language: English. Brand New Book. We have never had it better - so why aren t we happy? The Significance Delusion explains why humans are so peculiarly vulnerable to mental disorders and social problems, and how understanding the backstory can help you learn the real value of life. Today we have everything that previous generations could ever have dreamed of. So why is it that so many people continue to go through life unhappy and unfulfilled, with millions more young people now facing mental health issues? Does it have something to do with the way our brains have developed? Could it be that humans are just essentially delusional? Now a compelling and insightful new book, The Significance Delusion, draws upon scientific research, ideas, facts and real-life anecdotes to explore the human obsession with meaning. It takes readers on a journey through time, history and the mysterious labyrinth that is the brain, to explore what it really takes for us (and our children) to thrive and survive as individuals and as a society, and even learn the meaning of life. The author, Gillian Bridge, is a psycholinguistic consultant and expert in empowering people to get the most from their brain, whatever the challenge. The common link in her previous work as a teacher, a lecturer, an addiction therapist, an executive coach and a resilience consultant has been the way brain development and the use of language affect any individual s behaviour and communication. By understanding brain function and how it makes us behave the way we do, Gillian s work enables all people, whether they clearly need help or not, to gain better control of their lives. There are three interweaving strands throughout The Significance Delusion: brain matters, child-rearing matters and...



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