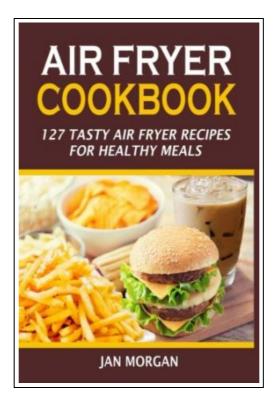
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Reviews

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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Enjoy All the Fried Foods You Want without Sacrificing Your Health Cook Tasty And Healthy Meals Your Family Will Love Without All The Grease And Oil! Do you find it hard to create time to cook, do you find it hard to let go of those fatty foods and lose weight, and do you want to enjoy fried foods without the grease and oil? If your answer is yes to any of these questions, then this Air Fryer Cookbook is for you! It may sound too good to be true; but, it s true. Air Fryers cook with little or no oil. With it, you can prepare tasty, healthy meals that look and taste just like the ones prepared in oil fryers without compromising your health. Air Frying is really a fast and healthy way of frying. This book is all you need to learn all about air frying. It is packed with tasty, lip-smacking diverse dishes from different cuisines. From breakfast, chicken, pork, seafood and beef dishes to appetizers, side dishes, snacks and dessert recipes, you can now take advantage of your Air Fryer s features and abilities to create wonderfully tasty meals that are good for your body. Whether you have no prior cooking experience or whether you are a master chef, there are step- by- step instructions on how to cook your favorite recipes. An air fryer can cater to your every need and with this book in your hand, you can start your journey to healthy meals preparation. Here is a snippet of what s inside: BREAKFAST RECIPES Quick N Easy AirFried Scrambled Egg Parmesan Pesto Twists Air Fried French Toast...

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