



The Nerdist Way: How to Reach the Next Level (in Real Life)

By Chris Hardwick

BRILLIANCE AUDIO, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 140 x 127 mm. Language: English . Brand New. Nerds: Once a tormented subrace of humans now captains of industry! You don t have to be a stereotypical geekwad to appreciate the tenets of Nerdism and to make your innate talents for overanalysis and hyper-self-awareness work for you instead of against you. Join Nerd superstar Chris Hardwick as he offers his fellow creative-obsessives the crucial information needed to come out on top in the current Nerd uprising. Nerds subsist on the minutiae of their chosen passions. As a lifelong member of The Nerd Herd, as he calls it, Chris Hardwick has learned all there is to know about Nerds. He s studied them, lived with them, and has endeavored to milk their knowledge nectar and isolate its curative powers for what ails you. Thus, he has founded a philosophical system (and blog) called The Nerdist, and here he shares his hard-earned wisdom about turning seeming weaknesses into world-dominating strengths. From keeping your heart rate below hummingbird levels to managing the avalanche of sadness that is your inbox, from ignoring your brain to attracting wealth by turning down work, Hardwick reveals...



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