Trekking the Indigenous Peoples Trail (Paperback)

By Alonzo Lucius Lyons

Createspace, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.An enchanting mid-hills trail located entirely in the Mahabharat Lekh (also known as the Lesser Himalaya) with broad, jaw-dropping vantages of the frosty Greater Himalaya peaks at hilltop lookouts and along much of the route. The highest elevation of the 6-7 day trek is 10,325 feet (3,147 m), and near the beginning. Thus, the top-down journey is easygoing and good for all seasons. The culturally diverse region has seen few tourists. Ethnicities prevalent along the way include Sherpa, Tamang, Thami, Majhi, Newar, and Yolmo. Among these groups, the Thami and Majhi are rarely encountered on trekking trails. The Thami are unique to this region. With a total Nepalese population of about 30,000, their culture is considered endangered. The Majhi, with a Nepalese population around 75,000, traditionally make a living near rivers through fishing and boating, mostly in the inner tarai along the southern fringes of Nepal. *Route descriptions includes exclusive new routes *Side trips not found in other guidebooks *Detailed, day-wise maps *Cover painting by Nicholas Roerich.

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