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Hare Brain, Tortoise Mind: Why Intelligence Increases When You Think Less

By Guy Claxton

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, Hare Brain, Tortoise Mind: Why Intelligence Increases When You Think Less, Guy Claxton, 'Learning to loaf' - this book explores the ways of knowing that require more time, the ways we have unlearned or ignore, but that are crucial to our complete mental development. The human brain-mind will do a number of unusual, interesting and important things if given time. It will learn patterns of a degree of subtlety which normal, purposeful, busy consciousness cannot even see, let alone master. It will make sense out of hazy, ill-defined situations which leave everyday rationality flummoxed. It will get to the bottom of personal, emotional issues much more successfully than the questing intellect. It will detect and respond to meaning, in poetry for example, that cannot be articulated. It will sometimes come up with solutions to complicated predicaments that are wise rather than merely clever. There is good, hard evidence, from cognitive science and elsewhere, for all these capacities. Claxton explores the slower ways of knowing and explains how we could/should use them more often and more effectively.



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