



Pretty Painted Picture. Little Girl Lost

By Cheryl Lynn

Paperback. Book Condition: New. Paperback. 88 pages. Pretty Painted Picture. . . Little Girl Lost is a memoir that touches on the sensitive subjects of mental illness and suicide. As an eight year old child I lost my father to suicide in a mental hospital. At the age of ten I began to show behavioral issues including severe depression, cutting, self-destructive behavior, outbursts of anger and sadness. I was misdiagnosed for many years of my life with just severe depression. At the age of thirty, my family and husband staged an intervention and forced me into treatment ripping me away from my two young children under the age of four. It was then determined that I suffered from bipolar disorder and severe anxiety disorder. Through childhood, adolescence, and my adult years I always kept journals of how I was feeling, poems, quotes, and just random thoughts that came to me. One day, I sat down and began to put these together and when I was complete I realized I created a memoir. I am a huge advocate for mental health awareness and suicide awareness and prevention. This memoir is written from a bipolar mind and takes the reader on the...



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