

## The Bliss Wheel: Sublimation and Natural Healing Guided Mediations from the Nalanda Institute

By Professor Joseph Loizzo

BRILLIANCE AUDIO, 2017. CD-Audio. Condition: New. Unabridged. Language: English. Brand New. These guided meditations recorded by Dr. Loizzo are meant to support all four horizons of contemplative learning and meditative practice that make up the gradual path to freedom and happiness taught in the Nalanda tradition. The Flow of Inspiration Becoming a Heroic Altruist Evolving with the Universe: Becoming a Living Time-Machine.



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## Reviews

This written publication is wonderful. It really is loaded with knowledge and wisdom You will not really feel monotony at at any time of your time (that's what catalogues are for relating to if you ask me).

-- Desmond Becker

Absolutely essential go through publication. I am quite late in start reading this one, but better then never. You will not feel monotony at at any time of the time (that's what catalogues are for regarding if you ask me).

-- Ambrose Thompson II