



Souls at Rest: An Exploration of the Eucharistic Sabbath

By Charlotte Ostermann

Angelico Press/Second Spring, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Souls at Rest is a profound exploration of the meaning and practice of Sabbath for contemporary readers; a restful, poetic counterpoint to the velocity and noise of today s world, and a cure for its primary woes. The ancient, worldwide understanding of cyclical rest is blended with the formal Jewish Sabbath and made intensely new and relevant in the light of the Eucharist. Readers are invited to cultivate interior freedom by designing a contemplative and personal Sabbath practice. I cannot recommend Souls at Rest highly enough, and I would recommend it as the perfect gift for those who may be looking for ways to deepen their faith and strengthen their family bonds. --GENEVIEVE KINEKE, author of The Authentic Catholic Woman More than a description of and a solution to a problem, Charlotte Ostermann s Souls at Rest offers a remedy to busyness and its empty promises. It is an inspiring invitation to come and see what God has planned for you. This book is an epiphany. --FR. STEVE BESEAU, Director and Chaplain, St. Lawrence Catholic Campus...



[READ ONLINE](#)
[5.87 MB]

Reviews

A top quality publication along with the font used was intriguing to read. I really could comprehend everything using this written e book. Its been designed in an remarkably straightforward way and it is only after i finished reading through this publication by which basically altered me, modify the way i believe.

-- Cathrine Larkin Sr.

Very useful to all of group of people. I actually have read through and so i am certain that i will planning to study yet again once again down the road. I am just very easily can get a satisfaction of looking at a created book.

-- Mark Bernier