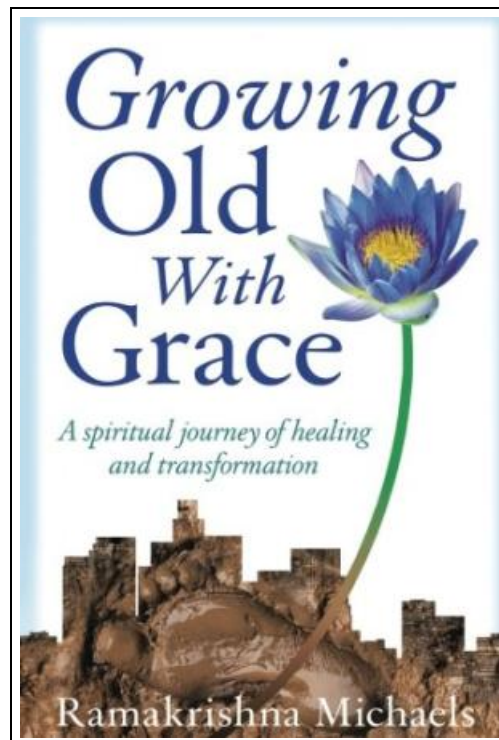


Growing Old with Grace: A Spiritual Journey of Healing and Transformation (Paperback)



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Reviews

This ebook is very gripping and fascinating. Sure, it is engage in, nevertheless an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Ms. Ora Buckridge)

GROWING OLD WITH GRACE: A SPIRITUAL JOURNEY OF HEALING AND TRANSFORMATION (PAPERBACK)



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Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Ramakrishna Michael s inspirational story is one of a child endowed with a world-class musical talent, who became a pawn in an emotionally incestuous relationship with his mother. He grew to be a troubled young man, who devolved into a disastrously dysfunctional adult, addicted to sex, drugs, and denial. In 1985 Ramakrishna met his guru, Babaji Shambhavananda, and slowly but surely, over the years, these less than desirable qualities that were part of his karmic make-up began to dissolve, fostering considerable spiritual growth and transformation. Growing Old With Grace is the story of that metamorphosis. A natural born storyteller, Ramakrishna describes, with great insight, how he transformed his life by the grace of the guru (the grace of consciousness). His eloquently written memoir, delivered candidly and with self-deprecating humor, is a story of healing and of how the author has come to terms with his demons. In short, Growing Old with Grace is a compelling tale of the power of the human spirit and of the quest for spiritual truth. It s an inspirational and motivational tale like few others and a must-read for anyone interested in yoga and meditation.



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