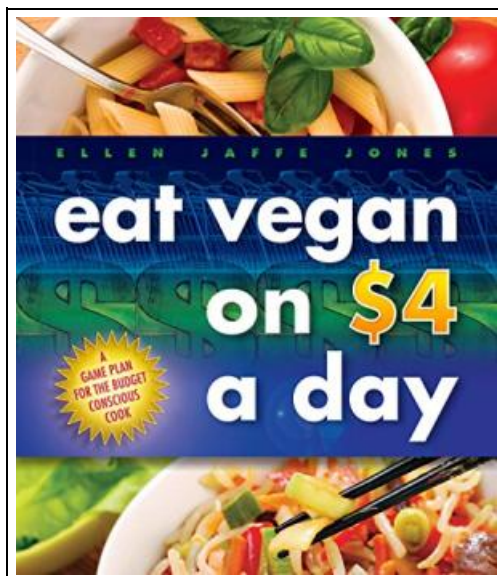


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EAT VEGAN ON 4 A DAY: A GAME PLAN FOR THE BUDGET-CONSCIOUS COOK



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