



Basic Rope Skills For Climbers

By Shepherd, Nigel

Frances Lincoln, 2009. 9780711228665, 2009. Soft cover. Condition: New. NEW paperback. 128 pages. Illustrated throughout in colour. From the blurb: "Nigel Shepherd explains the basics of ropework in this handy guide, ideal both for those starting out climbing, and for more experienced climbers who want to introduce their friends and family to the sport. He covers basic kit, anchors and belaying, and techniques for top and bottom roping, trad and sport climbing, as well as abseiling, and teaches the use of knots, slings, nuts and camming devices, with extensive step-by-step photography."

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